



Charity Number 207495

# Bournemouth & District Branch

## 5 MILE SPONSORED WALK

**JOIN US AND HELP RAISE  
VITAL FUNDS  
FOR YOUR  
LOCAL MS BRANCH  
IN WEST PARLEY**

**SUNDAY 17TH OCTOBER**

**STARTING AT 10:15am FROM  
UPTON COUNTRY PARK  
AND ENDING AT  
BAITER PARK (5 MILES)**

**OR**

**JOIN US AT 12:15pm FROM  
POOLE QUAY MARINA  
AND ENDING AT  
BAITER PARK (1 ½ MILES)**

**The shorter walk maybe more suitable for  
the less able or wheelchair users**

**REGISTRATION FEE £5.00**

**Cheques made payable to**

**MS Society Bournemouth & District Branch**

